



## POOL RESCUE MANIKIN CARE INSTRUCTIONS

Thank you for choosing a Ruth Lee Pool Rescue Manikin. We hope it will help you and your team to become better lifeguards.

To keep your manikin in peak condition for optimum performance, please keep and follow these detailed Care Instructions.

### ON DELIVERY (ADULT MANIKIN ONLY)

In order to ship your adult Pool Rescue Manikin cost effectively, it will be folded in half for transit. Therefore, the plastic spine will need to be inserted on delivery.



This is an easy process. Simply lay the manikin flat on the floor, face down and find the Velcro flap on the back of the manikin head. The white plastic spine will slide into the long pocket along the length of the manikin's back.

The plastic spine has a small indent which marks approximately a third of the length. The indent should be at the top of the spine (at the neck) and should face inwards, so that the smooth surface of the plastic spine is uppermost.

If the spine is accidentally broken in training, replacements are available to purchase.

### INSPECTION

We recommend that you visually inspect the manikin BEFORE and AFTER each training session. Visually check the manikin as follows:

- Check the manikin has no tears or holes (including along the seams)
- Check all limbs are intact.

If there are any tears or holes, do not use the manikin. Please refer to our warranty terms and conditions on our website [www.ruthlee.com](http://www.ruthlee.com)

If the soft mesh on the feet shows signs of wear, replacement 'socks' are available.

CALL OUR EXPERTS:

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## CLEANING YOUR MANIKIN



Ruth Lee manikins are made from tough, durable materials – but as with any product, regular use will add to their general wear and tear given the activities you use them for.

Please ensure that you thoroughly rinse the manikin with clean water **AFTER EACH TRAINING SESSION**. This is important to maintain general condition of the manikin and prevent mildew forming. After rinsing, allow the manikin to dry **COMPLETELY** before storing.

The Adult manikin is supplied with a mesh carry sheet. Ideally the manikin should be left to dry in the carry sheet. Place the manikin on the carry sheet and suspend in a non-humid environment in a horizontal position.

## HOW TO STORE YOUR MANIKIN

It is important to store your manikin correctly to prolong its life.

It should be stored in a flat, horizontal position, ideally in the carry sheet provided. Laying the manikin on top of PVC bars will allow ventilation to the underside of the product, but we do not recommend storing the manikin on wooden benches (these will retain some water and encourage bacteria).

It is very important that the manikin is **COMPLETELY DRY** before being stored and thereafter it should be kept in a dry environment (with minimal humidity) away from the poolside.

## MANUAL HANDLING

There is a warning on the manikin head to advise of the weight. Remember, when first pulled from the water the weight will be considerably more (although water drains from the product quickly).

If your business/organisation has a risk assessment or guidelines for lifting and handling, please ensure these are adhered to. When moving and transporting the manikin between exercises we always encourage a two person lift, using the carry sheet provided.

**DO NOT drag the manikin.** The abrasive nature of pool tiles will cause damage to the fabric materials used in constructing the manikin. **ALWAYS** lift the manikin to transport it to different areas of the poolside, or to storage area.