

RUTH LEE™



# LIGATURE TRAINING MANIKIN

## FOR PROFESSIONALS WHO SAVE LIVES

Designed for high-risk environments, the Ruth Lee Ligature Training Manikin helps frontline teams respond swiftly and safely to suicide attempts by hanging. Ideal for mental health units, custody suites, prisons, and care homes, it enables realistic, controlled ligature rescue training—building technical skill and emotional readiness.

A reinforced suspension point allows repeated lifelike scenarios using hook knives, while detailed anatomy supports vital post-release airway drills, including suctioning, intubation, and nasogastric insertion. With articulated knees and balanced weight for safe handling, this durable, clinically accurate manikin ensures your team is prepared to act with care, control, and urgency—when every second counts.



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# LIGATURE TRAINING MANIKIN

## IDEAL FOR THE FOLLOWING TRAINING SCENARIOS:

Institutions within Mental Health or Learning Disabilities, Police, Prisons, Care Homes and other high risk environments who face and need to manage risk of suicide and self-harm on a regular basis, must equip their staff with the right training to safely and sensitively manage hanging scenarios when they occur, including the use of a hook knife to properly release a ligature.

## SPECIAL MATERIALS:

Constructed from the same flame retardant material used in Police ballistic/stab vests, offering 4x the strength and abrasion resistance of 16oz canvas or P.V.C. (conforms to OEKO-TEX® Standard 100, BS EN ISO 12947-2 & 14116: 2008) High density polypropylene webbing (25mm rated to 207 Kg, 50mm rated to 440Kg).

## FEATURES & BENEFITS:

- The manikin has anatomical landmarks including the sternum, rib cage, and substernal notch. The trainer also contains teeth, uvula, vocal cords, glottis, epiglottis, larynx, arytenoid cartilage, trachea, oesophagus, inflatable lungs and stomach. It allows for placement of a nasogastric tube and accepts Combitube®, E.O.A., E.G.T.A., P.T.L. and i-gel® airways.

- Realistic knee joints promoting correct manual handling techniques including preservation of the C-spine.
- Special D-ring feature enables easy suspension without damaging the manikin.

## NOT SUITED FOR:

- Use in hot fire training - See our Fire House manikin.
- Use in water – See our Water Rescue range.

## EXTENSIVELY USED BY:

- Hospitals and NHS Trusts.
- Police & Prison Service.
- Mental Health & Learning Disability Institutions.
- Equivalent organisations across North & South America, Europe, Australia and Asia.

*Please be aware that the simulated "skin" on Simulaids torsos is porous. As a result, contact with dyed or heavily pigmented materials may cause permanent staining. Synthetic blood can also stain the surface.*

*While staining does not affect the functionality of the manikin, it may be considered unsightly over time. Replacement skins can be purchased directly from Simulaids. Ink, dye, and blood stains are not covered under warranty by Simulaids or Ruth Lee Ltd.*

## AVAILABLE WEIGHTS & SIZES:

DESCRIPTION	MODEL CODE	HEIGHT (M)	WEIGHT (KG)	NATO STOCK #
Adult	RLNLAW/TOR	1.8	25	N/A